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Healthcare That Cares
In June 2022, Eun had her second child, Joseph. During Joseph’s first visit, Eun had a concern about Joseph’s skin. “His eyelids had a yellow discoloration,” said Eun. Sandra advised Eun to apply ice, perform a lymphatic massage, and take ibuprofen. Eun confirmed, “Sandra’s advice was relieving.” Within a few days, the redness went away and the area was no longer inflamed. Thanks to Sandra’s help, Eun was able to return to her routine and feed Joseph comfortably again.

In August 2022, Iris had her third child, Said. During Said’s first visit, Iris had a concern about Said’s skin. “His eyelids had a yellow discoloration,” said Iris. Iris had jaundice, a common newborn problem due to high levels of the body substance bilirubin. To cure the skin problem and lower his levels of bilirubin, Iris was encouraged to breastfeed Said every two to three hours, but she was having trouble feeding. Iris was referred to a lactation counselor, and discovered the importance of positioning a baby for breastfeeding. She learned how to put Said in a cross-cradle position to achieve a successful latch. At Said’s follow-up visit a few days later, his pediatric care team noted a significant improvement in his jaundice. Iris was advised to continue breastfeeding, and by Said’s 12th day of life, the skin discoloration was completely gone! Iris continues learning to take care of herself and Said’s health through health counseling from their Ravenswood Care Team.