



Providing Healthcare That Cares

Since 2001, Empowering Communities for 24 Years

♥ Give the gift of health this holiday season!



LETTER FROM CEO

FALL 2025



DEAR COMMUNITY,

As challenges arise and uncertainty surrounds us, we remain unshaken. We stand strong, resilient, and unwavering in our mission to serve. Regardless of the issues we face, Ravenswood continues to meet the evolving health needs of our community with compassion, expertise, and steadfast commitment. Every patient's health journey matters, and we are proud to walk beside them as we continue offering comprehensive care at every stage of life.

Many of our patients' journeys begin before birth—with prenatal care. Our Women's Health Team provides comprehensive care for our mothers and offers programs such as CenteringPregnancy.® This innovative model combines prenatal care with group sessions that foster peer support, ensuring that mothers enter parenthood informed, supported, and connected.

As children grow, our Pediatrics Team nurtures and protects children's health. We provide a full spectrum of pediatric services, from well-child visits and immunizations to programs like CenteringParenting,® where families come together to learn healthy habits, share experiences, and build a community of support. We also promote early literacy through pediatric programs, protect children through immunizations, and strengthen families through counseling and social services. Every child represents the future of our community, and their health is the foundation of the next generation's strength.

Dental care is another vital part of lifelong health. We proudly provide pediatric and adult dental services through our main dental clinic in East Palo Alto and our Mountain View mobile dental clinic. We're also thrilled to announce the upcoming opening of our Redwood City dental clinic, made possible through our longtime partnership with Sequoia Healthcare District.

Through it all, we remain steadfast in our belief that health care is empowerment. By investing in families, starting with the youngest, we create a strong foundation that allows our patients—and our entire community—to prosper. Together, we are building a healthier, stronger tomorrow.

With heartfelt gratitude,

Gralyn Jacques, MBA
Chief Executive Officer



Every patient's health journey matters, and we are proud to walk beside them as we continue offering comprehensive care at every stage of life.





“Dr. Davis cares about the patients he sees and makes me feel heard.”

STACEY

The Recinos Family

Maria and her three children have been part of Ravenswood Family Health Network for a few years—finding care, trust, and comfort through its many services. Each family member has faced unique health challenges, and together they have leaned on Ravenswood’s services—pediatrics, women’s health, dental care, counseling, pharmacy, and more.

In July, Maria was worried when she discovered an unusual mass in her breast. She made an appointment and met with her primary care provider, Physician Associate Anita Leiva, who examined her and referred her for testing. Fortunately, Ravenswood has mammogram and ultrasound equipment on-site, providing Maria with access to care right away. In September, her results showed the mass was benign, bringing her great relief. Anita reassured her with follow-up care, and Maria left grateful for both the advanced technology and the compassionate team that guided her through a frightening time.

Maria’s youngest, five-year-old Fatima, has been receiving pediatric dental care at Ravenswood Family Dentistry. Earlier this year, she needed restorations and successfully completed her treatment plan in June and July. Fatima will return soon for a recall visit to ensure her smile remains healthy.

Maria’s son, Marckus, 12, has been managing his weight and blood pressure under the care of Dr. Davis. At his annual exam in May, they reviewed his school progress, diet, and exercise, and he underwent routine screenings. An eye exam at Ravenswood’s optometry department led to a referral for new glasses, while Dr. Davis reinforced healthy habits to keep him motivated.

Maria’s oldest child, 14-year-old Stacey, has been overcoming low energy levels and loss of appetite

this year as well. With guidance from Dr. Davis and appropriate specialty care she has grown her appetite to eating three balanced meals a day and has reduced her exercise. By September, Maria noticed Stacey’s energy returning—she could

For Maria, Ravenswood has been more than a clinic, it has been a lifeline. Ravenswood has stood by her family every step of the way.

focus on schoolwork and enjoy time with her siblings again. At her follow-up, she was praised for her progress and encouraged to include more protein-rich foods in her meals.

For Maria, Ravenswood has been more than a clinic, it has been a lifeline. From critical health screenings, management of chronic conditions, to oral health care, Ravenswood has stood by her family every step of the way, providing not just medical care, but compassion and healing.



Clockwise from top: Dr. Davis (right), Stacey (left), and her mother (center) discuss Stacey’s health goals and success in school. Maria (right) receives a medical gown from the imaging technician (left) to prepare for her mammogram visit. Caption: Stacey (center) and her mom, Maria (right), visit the Pediatric department for a routine check-up.





Empowering Mothers from Pregnancy to Postpartum

At Ravenswood Family Health Network, our Women's Health Department offers a variety of programs to support women before, during, and after pregnancy—including our CenteringPregnancy® program and lactation services.

CenteringPregnancy® offers group-based prenatal care for women due around the same time. Over the course of ten sessions, mothers receive traditional check-ups, one-on-one time with providers, and the chance to learn from one another. Sessions cover topics from nutrition to newborn care and postpartum health. Together, these sessions ensure women are not only well-prepared for childbirth, but also feel supported in building lasting connections that continue into motherhood.

Our care continues after birth with lactation support. Our lactation consultants help mothers navigate breastfeeding with evidence-based guidance, ensuring both mom and baby get off to a healthy start.

By blending health assessments, education, and community connection, we empower women to take charge of their health and nurture the next generation.

Building Healthy Futures

At Ravenswood Family Health Network, caring for kids goes beyond doctor visits—it's about supporting families every step of the way.

Our robust Pediatrics team provides a continuum of care—from well-child exams, immunizations, to programs such as CenteringParenting®. This group-based model brings together parents whose babies are the same age for well-child visits and parent education. The group setting fosters community and an opportunity to learn from one another.

Recently, we welcomed a Pediatric Health Coach to ensure seamless coordination of care. The Pediatric Health Coach focuses

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on health education, chronic condition management, and follow-up care. The Pediatric Health Coach also acts as a liaison between departments to support continuity and healthy development.

In addition to medical care, we provide integrated behavioral health and social services to our pediatric patients and their families. As part of this, we have a dedicated Pediatric Social Worker who connects families to housing, food, and emotional support resources, ensuring children feel supported in every way.

Together, these services ensure our young Ravenswood patients have a strong, healthy foundation for the future.



Andres (bottom) visits Dr. Raney for a well-infant check-up with his mother (top) and sister (left).



Steven (left), his mother (center), and his sister Adalyn (right) visit Ravenswood for a newborn check-up.

RAVENSWOOD SERVICES

Primary Medical Care

- Prenatal Care
- Pediatric & Adolescent Medicine
- Adult Medicine
- Women's Health
- Optometry
- Screenings & Immunizations
- Pharmacy
- General X-ray
- Ultrasound
- Mammography
- Chiropractic Care
- Podiatry
- Lactation Counseling
- Laboratory Services
- Referrals to Specialty Care

Integrated Behavioral Health & Social Services

- Adult and Pediatric Short-Term Counseling
- Domestic Violence Counseling
- Grief Counseling
- Crisis Intervention
- Psychiatry Consultation
- Enhanced Case Management Field Services
- Health Care for the Homeless
- Medically Assisted Therapy for Alcohol/Substance Use Disorder

Center for Health Promotion

- Chronic Disease Management
- Health Coaching
- Health Coverage Enrollment

Ravenswood Family Dentistry

- Pediatric & Adult Dental Care
- Preventive Care
- Restorative & Periodontal Care
- Prosthodontic Crowns, Bridges & Dentures
- Oral Surgery under General Anesthesia
- Emergency Dental Services
- Oral Health Education
- Special Needs Pediatric Dental Care
- Preventive Dental Care in 20+ San Mateo County Pre-Schools and Other Sites

RAVENSWOOD LOCATIONS

Ravenswood Family Health Center

1885 Bay Road
East Palo Alto, CA 94303

Ravenswood Family Dentistry

1807 Bay Road
East Palo Alto, CA 94303

Center for Health Promotion

Eligibility & Enrollment
1842 Bay Road
East Palo Alto, CA 94303

MayView Services

- Prenatal Care
- Pediatric & Adolescent Medicine
- Adult Medicine
- Women's Health
- Immunizations & Screening
- Optometry
- Dental (via mobile clinic)
- Integrated Behavioral Health & Social Services
- Chiropractic Care
- Podiatry
- Chronic Disease Management
- Health Education
- Screenings & Immunization
- Laboratory Services
- Lactation Counseling
- Health Coverage Enrollment

MAYVIEW LOCATIONS

MayView Sunnyvale

785 Morse Avenue
Sunnyvale, CA 94085

MayView Mountain View

900 Miramonte Avenue, 2nd Floor
Mountain View, CA 94040

MayView Palo Alto

270 Grant Avenue
Palo Alto, CA 94306

CONTACT US

Development Department

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Dr. Shin does a routine dental cleaning for Ma.

Brianna proudly shows her dental team her loose tooth.

All About Dental

“At Ravenswood, I’ve learned how to connect with patients from different backgrounds, address their concerns, and create realistic, attainable treatment plans that motivate them to take an active role in their care.”

DR. SHIN

As part of Ravenswood’s integrated model of care, our dental team works closely with medical providers to ensure patients receive whole-person health. Ravenswood Family Dentistry provides comprehensive oral health care for all ages. The clinic provides everything from regular checkups and cleanings to specialized care, emergency treatment, and oral surgery. The team also empowers parents and caregivers with guidance on building healthy habits at home—helping children grow up with strong, confident smiles that last a lifetime.

To reach more families in Santa Clara County, Ravenswood also operates a mobile dental clinic at its MayView Mountain View site once a week. This service focuses on pregnant women and children, two of the most vulnerable groups we provide care for.

Ravenswood Expands Access to Dental Care for Local Families

Ravenswood is finishing a capital project to bring even more care to the community. The former Sequoia Health District office in Redwood City is being transformed into an 11-room operatory dental clinic. When fully up and running, the new site will serve about 4,600 patients each year through more than 11,000 visits. Families in Redwood City, especially those from the North Fair Oaks community, who previously traveled to East Palo Alto will now have a closer option.

Ravenswood’s efforts are building healthier futures, one smile at a time.

Meet Dr. Shin: Dedicated to Brightening Smiles and Expanding Access to Care

Dr. Shin’s journey with Ravenswood began with her residency at Ravenswood Dental Clinic through the NYU Langone/UCSF program, where she simultaneously earned a certificate in Advanced Education in General Dentistry. Passionate about Ravenswood’s mission, Dr. Shin chose to stay on. She has always been dedicated to serving our community, and has volunteered at events that offer patients free oral care. Dr. Shin is dedicated to ensuring oral access to all, and is passionate about caring for her patients. Outside of the office, Dr. Shin is a foodie who loves to discover new restaurants, spending time with friends and her family, and bouldering.

ABOUT US

Ravenswood Family Health Network, which was established in 2001, is a non-profit, federally qualified health center that serves majority low-income patients from San Mateo and Santa Clara Counties. We are committed to addressing the health needs of our communities, and provide integrated primary and preventive health care using a whole-person, patient-centered approach. Each patient at Ravenswood has a dedicated care team working closely to help them achieve the best health outcomes possible.

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NEWSLETTER

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YES! I WANT TO JOIN RAVENSWOOD’S CARE TEAM!



**GIVING
TUESDAY IS
ON
DEC. 2
2025**

Donate Online at

<https://ravenswoodfhn.org/donate-rfhn/>

Mail a check to:

Ravenswood Family Health Network
1885 Bay Road
East Palo Alto, CA 94303

Questions? Contact the Development Team at Development@RavenswoodFHN.org

Ravenswood Family Health Network is a tax exempt 501(c)(3) nonprofit agency
EIN: 94-3372130

How your gift makes an impact:

- ☐ **\$100** pays for one pediatric patient’s routine dental exam with x-rays
- ☐ **\$250** pays for one patient’s routine eye exam
- ☐ **\$500** pays for one medical visit for an uninsured patient
- ☐ **\$2,000** pays for one year of care for a diabetic patient
- ☐ **\$5,000** pays for one mother’s prenatal care



www.RavenswoodFHN.org